



RECREATION ACTIVITIES

Open Daily: 7.00 - 19.00

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
07.30-08.30	YOGA	BODY FIT	YOGA	-	AEROBIC	YOGA	YOGA
16.00-16.45	KIDS BOXING & KIDS ACTIVITY	KIDS BOXING & KIDS ACTIVITY	KIDS BOXING & KIDS ACTIVITY	-	KIDS BOXING & KIDS ACTIVITY	KIDS BOXING & KIDS ACTIVITY	KIDS BOXING & KIDS ACTIVITY
17.00-19.00	MUAY THAI (THAI BOXING)	MUAY THAI (THAI BOXING)	MUAY THAI (THAI BOXING)	-	MUAY THAI (THAI BOXING)	MUAY THAI (THAI BOXING)	MUAY THAI (THAI BOXING)
07.00-19.00	GIM & KIDS CLUB	GIM & KIDS CLUB	GIM & KIDS CLUB	GIM & KIDS CLUB	GIM & KIDS CLUB	GIM & KIDS CLUB	GIM & KIDS CLUB

Complimentary activities:

- Class instructors may change without prior notice.
- Sportswear required for fitness (both at fitness room & boxing and fitness studio).
- Thai boxing & yoga class no swimming suite allowed.

For more information please contact our guest relation officer in person or press “ 0 “ for assistance.