



RECREATION ACTIVITIES

Open Daily: 7.00 - 19.00

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
07.30-08.30	YOGA	BODY FIT	YOGA	-	AEROBIC	YOGA	YOGA
16.00-16.45	KIDS BOXING & KIDS ACTIVITY	KIDS BOXING & KIDS ACTIVITY	KIDS BOXING & KIDS ACTIVITY	-	KIDS BOXING & KIDS ACTIVITY	KIDS BOXING & KIDS ACTIVITY	KIDS BOXING & KIDS ACTIVITY
17.00-19.00	MUAY THAI (THAI BOXING)	MUAY THAI (THAI BOXING)	MUAY THAI (THAI BOXING)	-	MUAY THAI (THAI BOXING)	MUAY THAI (THAI BOXING)	MUAY THAI (THAI BOXING)
Daily 07.00-19.00	FITNESS ROOM & KID'S CLUB						

Complimentary Activities:

- Class instructors may change without prior notice.
- Sportswear is required for fitness (Both of Fitness Room & Yoga & Boxing studio).
- No swimming suits are allowed at Thai Boxing & Yoga Class.

For more information please contact our guest relation officer or dial “ 0 “ for assistance.